



Lotus Lake Discovery Center

~ an equal opportunity employer and outdoor education organization ~

Fall/Spring Overnight

What to wear:

- Dress to be outdoors!
- Shorts or long pants
- Short or long-sleeve T-shirt
- Fleece top or Sweatshirt
- Sneakers or Sturdy Sandals (Tevas/Chacos)

What to bring:

- oHealthy Lunch and Snacks
- oSleeping Bag
- oFoam Sleeping Pad
- oFlashlight
- oRe-usable Bowl, Cup, Fork, and Spoon
- oWater Bottle
- oHand Towel
- oToiletries (Toothbrush etc.)

Change of clothes: (besides what you wear)

- oPair long of Pants
- oLong Sleeve Shirt
- oPair of shorts
- oT-shirts
- oSocks and underwear
- o1 pair sturdy footwear (hiking boots)

Be prepared!! clothes:

- oRain coat
- oSweat pants or long johns
- oSweatshirt or fleece top
- oWarm jacket
- oWool or fleece hat, gloves & socks
- oBathing Suit/Towel
(if swimming is prearranged w/LLDC)

Optional:

- oCamera
- oDay Pack
- oRubber Boots
- oBook and/or Journal
- oBug repellent
(we recommend NON-TOXIC "Green Ban" or "Badgers")

Please leave at home:

- Axes and Knives
- Pocket Video Games
- Radios and MP3 players
- Aerosol spray cans

**and....don't forget
your *ENTHUSIASM!!!***

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